HEYWOOD PREP
CORSHAM

Heywood Prep - Week 1

Start Date: 02/11/2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast, Cereal, Oat Porridge	Toast, Cereal, Ham & Cheese Muffin	Toast, Cereal, Scrambled Eggs & Beans	Toast, Cereal, Sausages & Hash Browns	Toast, Cereal, Bacon Sandwiches
Snack	Fresh Cut Fruit Cheese Pinwheels	Fresh Cut Fruit Homemade Focaccia	Fresh Cut Fruit Pork or Vegan Sausage Rolls	Fresh Cut Fruit Cheese or Ham Sandwiches	Fresh Cut Fruit Croissants
Main	Chicken Pasta Alfredo	Pork & Herb Sausages	Traditional Cottage Pie	Roast Turkey, Sage & Onions Stuffing with Cranberry Sauce	Battered Fish or Fish Cakes with Chips
Vegetarian/Vegan	Pasta Alfredo	Plant Based Soya Vegan Sausages	Vegan Soya Mince & Vegetable Pie	Sweet Potato, Seed & Lentil Loaf with Cranberry Sauce	Plant-Based Vegetable Fingers with Chips
Side Dishes	Garlic Bread, Fresh Greens Homemade Soup	Buttery Mashed Potato, Roasted Vegetables Homemade Soup	Savoy Cabbage & Peas Homemade Soup	Roasted Potatoes, Seasonal Vegetables Homemade Soup	Beans, Peas, Gherkins, Pickled Eggs & Tartar Sauce Homemade Soup
Dessert	Winter Fruit Crumble & Custard Jelly & Fruit	Coconut & Jam Sponge with Cream Jelly & Fruit	Yoghurt with Berry Coulis Jelly & Fruit	Strawberry & White Chocolate Mousse Jelly & Fruit	Vegan Chocolate Brownie Jelly & Fruit
Supper	Bacon & Cheese Slice with Potato Wedges & Salad	Hunters Chicken with Rice and Vegetables	Cheese & Tomato Pasta Bake with Garlic Bread	Chicken Fajitas with Rice & Salad	N/A

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Heywood Prep - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast, Cereal, Fresh Fruit & Porridge	Toast, Cereal, Ham & Cheese Muffin	Toast, Cereal, Scrambled Eggs & Beans	Toast, Cereal, Sausages & Hash Browns	Toast, Cereal, Bacon Sandwiches
Snack	Fruit Cheese Pinwheels	Fresh Cut Fruit Homemade Focaccia	Fruit Pork or Vegan Sausage Rolls	Fruit Cheese or Ham Sandwiches	Fruit Croissants
Main	Beef Bolognese	Chicken Noodle Ramen	Sausage, Bean & Vegetable Casserole	Roast Loin of Pork with Apple Sauce and Yorkshire Puddings	Selection of Meat Pies or Sausages & Chips
Vegetarian/Vegan	Vegan Lentil & Bean Bolognese	Tofu Noodle Ramen	Plant Based Sausage, Bean and Vegetable Casserole	Stuffed Pepper with Roasted Vegetables and Seeds	Selection of Vegetarian Pies or Soya Vegan Sausages & Chips
Side Dishes	Garlic Bread, Pesto Peas Homemade Soup	Asian Style Vegetables Homemade Soup	Seasonal Vegetables, Potatoes Homemade Soup	Roasted Potatoes, Seasonal Vegetables Homemade Soup	Peas, Gherkins, Pickled Eggs & Tartar Sauce Homemade Soup
Dessert	Rice Pudding Jelly & Fruit	Syrop Sponge & Custard Jelly & Fruit	Yogurt with Berry Coulis Jelly & Fruit	Cheesecake Pot Jelly & Fruit	Triple Chocolate Cookie Jelly & Fruit
Supper	Fish Wraps with Rice & Salad	Cheeseburger with Wedges & Salad	Katsu Chicken Curry and Rice	Pasta Carbonara with Garlic Bread and Crudites	N/A

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Heywood Prep - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast, Cereal, Fresh Fruit & Porridge	Toast, Cereal, Ham & Cheese Muffin	Toast, Cereal, Scrambled Eggs & Beans	Toast, Cereal, Sausages & Hash Browns	Toast, Cereal, Bacon Sandwiches
Snack	Fruit Cheese Pinwheels	Fruit Homemade Focaccia	Fruit Pork or Vegan Sausage Rolls	Fruit Cheese or Ham Sandwiches	Fruit Croissants
Main	Pasta with a Choice of Arrabiata, Parmesan or Pesto Sauce	Lamb or Chicken Korma with Naan Breads	Focaccia Pepperoni or Vegetable Pizza	Herb Roast Chicken Thighs with Bread Sauce	Battered Fish or Fish Cakes with Chunky Chips
Vegetarian/Vegan	Pasta with a Choice of Arrabiata, Parmesan or Pesto Sauce	Vegetable & Lentil Korma with Naan Breads	Roasted Vegetable Pizza	Roast Vegetable & Quinoa Bake	Plant-Based Vegetable Fingers with Chips
Side Dishes	Garlic Bread, Peas & Broccoli Homemade Soup	Pilauf Rice, Green Beans, Sour Raita, Mango Chutney Homemade Soup	Potato Wedges, Sweetcorn Homemade Soup	Roasted Potatoes, Root Vegetables and Greens Homemade Soup	Peas, Gherkins, Pickled Eggs & Tartar Sauce Homemade Soup
Dessert	Hot Dutch Apple Cake with Custard Jelly & Fruit	Chocolate Crunch Cake Jelly & Fruit	Yoghurt with Berry Coulis Jelly & Fruit	Chocolate Mousse Pot Jelly & Fruit	Shortbread Jelly & Fruit
Supper	Homemade Pizza with Wedges & Salad	Baked Mac 'n' Cheese with Garlic Bread & Salad	Ham Pie with Potatoes and Vegetables	Gammon, Eggs & Wedges	N/A