

IF YOU ARE BULLIED, YOU SHOULD:

- Tell a teacher or someone you know who will listen to you and help you stop the bullying.

WHAT YOU SHOULDN'T DO:

- Try not to show your emotions.
- Don't react and be nasty back.
- Don't keep it to yourself.

IF YOU CHOOSE TO TELL AN ADULT IN SCHOOL, WHAT CAN YOU CAN EXPECT?

- They will listen and take the person who is talking about bullying seriously
- Whenever possible, they will deal with the incident on the day that it is reported
- If bullying takes place during a break time, it must be written in the 'Playground Incident Book'.
- All cases of bullying will be dealt with by a member of the senior staff.
- The parents of the person who has been bullied and the parents of the bully will be contacted to agree what should be done next to try and help and support to try and make sure that it doesn't happen again.
- A member of senior staff and your Form Tutor will keep an eye on the situation to tell everyone involved what is happening.
- If the bullying is very serious or does not stop, it might be necessary for more action to be taken which could lead to the bully being excluded for a fixed term

WHAT TO DO IF YOU SEE SOMEONE BEING BULLIED

If you see someone being bullied you are the bystander.

- Tell a teacher straight away
- Tell the person who is bullying that you will get a teacher if they don't stop
- Encourage your friend to walk way or tell the person to stop.
- Talk to the person that is being bullied and help them to tell a teacher



WHAT TO DO IF YOU THINK YOU ARE THE BULLY

It doesn't feel good to be called a bully. It means that someone doesn't like the way you behave towards them. If you think you may be a bully you could:

- Try to stop
- Tell a teacher and ask for some help
- Tell an adult you trust for some help
- Think about your behaviour
- Think about how you make another person feel.
- Say sorry

WHICH TEACHERS ARE RESPONSIBLE FOR ANTI-BULLYING AT HEYWOOD PREP?

MR RUANE

MRS MITCHELL

MRS LAWRENCE



HEYWOOD PREP
CORSHAM

Child Friendly Anti-Bullying Policy



This policy was created by the
Heywood Prep School Council

May 2016

Updated September 2017

Our Anti-Bullying Policy

By having a policy it means that we all understand and agree what bullying is, how it makes people feel and how we should deal with it. We want to:

- Help the person being bullied so that it stops,
- Help anyone who has seen someone being bullied.
- Help the bully to understand what they have done wrong and to be a friendly person
- Explain and help the parents/carers of the bully and the person being bullied so that they can also help to solve the problem
- Let everyone involved know what's is happening and how the problem is solved

EXPLAINING OUR POLICY

- There will be 1 week a year to explain how to stop bullying and to deal with bullying when it happens. In those weeks we will have assemblies and classroom discussions. The week will be at the same time as the National Anti-Bullying week.
- The Schools Council will talk about and discuss bullying once a year.
- All new parents will be told about the school's policy before or when their child or children join the school.
- Bullying will be thought about and discussed by all staff at least once a year during school time.
- Through the lessons that take place in the school year, the children will learn about how to deal with bullies and stand up for themselves, for example through drama lessons. Children should know how to talk about bullying and be brave enough to tell someone about it and know who to ask for help.
- If there is any bullying during break or lunch time, the adult who deals with it must make a note of it and report it to Head or Deputy Head.

What is bullying?

In our school, bullying is when someone is nasty or unkind on purpose more than once.



Bullying is not....

- Accidents
- Fallouts with friends
- Something that happens once
- Fighting (this is not acceptable in school)



Bullying can be:

Emotional: Saying unkind things. Making things up about someone that is not true.

Physical: punching, kicking, spitting, pinching and biting.

Cyber: Horrible text messages and emails, nasty things said and done on the internet.

WHEN IT IS BULLYING, IT IS....



WHO CAN I TELL?

- Teachers
- Any adult in school
- Family
- Friend
- Police

MOST IMPORTANTLY, IF YOU ARE BEING BULLIED:

