



HEYWOOD PREP  
CORSHAM

# NUT POLICY

**Updated  
January 2018**

## 1. Introduction

This Policy applies to:

- the entire setting including the EYFS and after school and holiday clubs;
- all staff, volunteers, pupils and visitors to Heywood Prep.

## 2. Heywood Prep as a Nut Free School

- 1) Heywood Prep adheres to a **nut free** policy throughout the entire school. This includes bringing food onto the school premises at any time including for Friends of Heywood events, after school clubs and holiday clubs.
- 2) This policy sets out measures in place to reduce the risk to those children and adults who may suffer an anaphylactic reaction if exposed to nuts. Heywood Prep aims to protect children who have allergies to nuts yet also help them to take responsibility as to what foods they can eat and to be aware of where they may be put at risk.
- 3) While Heywood Prep will endeavour to ensure that the school remains a nut free zone, it is not possible for the school to guarantee that no nuts or nut products will be brought onto site. It is therefore incumbent on all staff, parents and pupils to be aware of the risks and to adhere to the following rules. These rules are designed to minimise the risk of a potentially life-threatening allergic reaction.
- 4) **No food may be brought into the Nursery at any time other than packed lunches.** which will be checked by staff. Packed lunches should not contain any nut products or ingredients (see Point 6, below). Parents should please remind their children not to share or swap food from packed lunches.
- 5) Food **may** be brought into School (for children in Reception and above) for special occasions (e.g. birthday cake, cultural food, sports day picnic, Halloween biscuits), but must adhere to the guidelines set out in Point 6 below.
- 6) Pupils **MUST NOT** bring any of the following in to school:
  - Home baked products which use any nut ingredients;
  - Products which state 'this product contains nuts', 'may contain traces of nuts' or 'not suitable for nut allergy sufferers';
  - Fresh nut products;
  - Spreads containing nuts (e.g. peanut butter, nutella);
  - Muesli bars, biscuits or other product **that list nuts as ingredient;**
  - Packages of mixed fruit (e.g. trail mix) that contain nuts as well; or
  - Containers that may have previously contained nuts (e.g. cereal boxes, biscuit tins).
- 7) Pupils who eat a nut product for breakfast (e.g. peanut butter) must wash their hands before arriving at school as this will reduce the chance of exposing an allergic child to nut allergen at Heywood Prep.
- 8) Parents of children who have historically suffered any anaphylactic reaction to any foods or insect bites, must provide the school with an up-to-date medical action plan and must please ensure that they assist in supervising their own children when attending school events such as the Halloween Disco.
- 9) Heywood Prep will promptly update all parents if circumstances change and there is a need to modify policy information.

## 3. Approval & Review

This policy was reviewed and amended by Mrs Rebecca Mitchell, Headmistress, in January 2018. This policy is due to be reviewed in January 2020, or as required by change in regulation.



**Rebecca Mitchell**  
Headmistress