



Referees: Owen Styler (EF Academy)
Rob Tasker (EF Academy)

SOUTH WEST ATHLETICS TRIALS

Announcing: Keith Stevens
Recording: Dani Page (EF Academy)

Long Jump (Pit 1): St Michaels – Cleve House - Shapwick

Triple Jump/Long Jump (Pit 2): Appleford – Powhele House – Totnes

Discus: St Josephs – Bredon

Shot: Kingsley – The Park School -

Javelin: Park School B- Heywood Prep

Ball Throw: Leehurts Swan – Fairfield - Roselyn

High Jump (1): Trinity

High Jump (2): Monmouth Prep - Torwood House

Track Recorder: Dani Page (EF Academy)

Starter: Kieran Dore

Starter's Marshall: Rob Tasker (EF Academy)

Placing: St Christopher's – Hatherop Castle

Timekeeper's: Mike Hindle – Janice Hindle – EF Academy

EXETER ARENA Wednesday 5th June 2019

1. Competitors must wear the correct letters for their school on the front for Track and field events:
2. Track events have preference over field events. Competitors should report to the field event judges, compete in their track event and then return to complete field events.
3. All spectators and competitors not competing in a field event must keep outside the track behind the barrier on all occasions. **No coaching of field event athletes will be allowed inside the track.**
4. Competitors will have 3 attempts in field events.
5. Due to time restrictions in the High Jump, competitors will only be allowed **7 attempts in total**, except in the event of a tie for 1st position when extra jump(s) may be necessary.
6. Athletes must not wear spikes longer than 6mm in their shoes. No spiked shoes must be worn in the changing room areas. Starting blocks are not permitted.
7. Athletes will not be allowed to compete in track events in track suits or any other unsuitable clothing irrespective of the weather.
8. The Cricket Ball and Rounders Ball throw will take place on the field behind the track.
9. It is recommended that competitors wear spikes where possible and in the event of wet weather competitors in the hurdles and high jump will only be allowed to compete if they are wearing spikes for health and safety reasons.

**SCHOOL REPS TO MEET REFEREES (ORANGE)
AT 10.30am for briefing**

ALL SCHOOLS TO REPORT TO Dani Page RECORDER'S OFFICE (in main stand) ON ARRIVAL

SPECIAL NOTE: Following on from last year, the selection of the relay team will normally consist of winners in 100m, 200m, possibly hurdles. Where these are the same person, judgements will be made by the SW team manager. 2nd place in the 100m or 200m does **NOT** equal automatic qualification. All qualifiers will be notified by the SW team manager.

11.00 T1 1500m Yr 7 Girls (to run with T2)
 11.08 T2 1500m Yr 7 Boys
 11.15 T3 70m hurdles Yr 7 Girls
 11.20 T4 75m Hurdles Yr 7 Boys
 11.24 T5 75m Hurdles Yr 8&9 Girls
 11.28 T6 1500m Yr 10/11 Boys
 11.35 T7 80m Hurdles Yr 8/9 Boys
 11.39 T8 1500m Yr 8/9 Boys
 11.47 T9 1500m Yr 8/9 & 10/11 Girls
 11.55 T10 100m Hurdles Yr 10/11 Boys or T12
 11.59 T11 CLEAR HURDLES
 12.07 T12 400m Yr 10/11 Boys
 12.11 T13 300m Yr 8/9 Boys (Time Trial)
 12.15 T14 300m Yr 10/11 Girls
 12.25 T15 60m Yr 4 Girls (Heat)
 12.34 T16 60m Yr 4 Boys (Heat)
 12.43 T17 75m Yr 5 Girls (Heat)
 12.52 T18 60m Yr 4 Girls (Final)
 12.59 T19 60m Yr 4 Boys (Final)
 13.03 T20 75m Yr 5 Girls (Final)
 13.05 T21 75m Yr 5 Boys (Final)
 13.07 T25 80m Yr 6 Girls (Final)
 13.10 T26 80m Yr 6 Boys (Final)
 13.13 T27 100m Yr 7 Girls (Final)
 13.16 T28 100m Yr 7 Boys (Final)
 13.19 T29 100m Yr 8/9 Girls (Final)
 13.22 T30 100m Yr 8/9 Boys (Final)
 13.25 T31 100m Yr 10/11 Girls (Final)
 13.29 T32 100m Yr 10/11 Boys (Final)
 13.32 T33 600m Yr 4 Girls (Time Trial)
 13.38 T34 600m Yr 4 Boys (Time Trial)
 13.44 T35 600m Yr 5 Girls
 13.48 T36 600m Yr 5 Boys (Time Trial)
 13.54 T37 600m Yr 6 Girls
 14.00 T38 600m Yr 6 Boys (Time trial)
 14.05 T39 800m Yr 7 Girls
 14.10 T40 800m Yr 7 Boys
 14.15 T41 800m Yr 8/9 Girls
 14.20 T42 800m Yr 8/9 Boys
 14.25 T43 800m Yr 10/11 Girls
 14.30 T44 800m Yr 10/11 Boys
 14.35 T45 150m Yr 5 Girls
 14.39 T46 150m Yr 5 Boys
 14.43 T47 150m Yr 6 Girls
 14.47 T48 150m Yr 6 Boys
 14.51 T49 200m Yr 7 Girls
 14.55 T50 200m Yr 7 Boys
 14.59 T51 200m Yr 8/9 Girls
 15.03 T52 200m Yr 8/9 Boys
 15.07 T53 200m Yr 10/11 Girls
 15.11 T54 200m Yr 10/11 Boys



11.00 F1 Long Jump (Pit 1) Yr 6 Boys
 F2 Shot Yr 8/9 Boys
 F3 High Jump (1) Yr 8/9 Girls
 F4 Discus Yr 10/11 Girls
 F5 Javelin Yr 10/11 Boys
 F6 Long Jump (Pit 2) Yr 5 Girls
 F7 Rounders Ball Yr 4 Girls
 F8 High Jump (2) Yr 5 Boys
 11.30 F9 Shot Yr 6 Girls
 F10 Javelin Yr 8/9 Girls
 F11 Triple Jump (Pit 2) Yr 10/11 Boys
 F12 Long Jump (Pit 1) Yr 10/11 Girls
 F13 High Jump (1) Yr 6 Boys
 F14 Discus Yr 7 Boys
 F15 Cricket Ball Yr 5 Boys
 12.00 F16 Discus Yr 8/9 Boys
 F17 Long Jump (Pit 1) Yr 10/11 Boys
 F18 Javelin Yr 10/11 Girls
 F19 Shot Yr 7 Girls
 F20 High Jump (2) Yr 6 Girls
 F21 Long Jump (Pit 2) Yr 8/9 Girls
 F22 Rounders Ball Yr 5 Girls
 12.30 F23 Discus Yr 10/11 Boys
 F24 Long Jump (Pit 1) Yr 4 Boys
 F25 Shot Yr 6 Boys
 F26 High Jump (1) Yr 5 Girls
 F27 High Jump (2) Yr 7 Boys
 F28 Long Jump (Pit 2) Yr 7 Girls
 F29 Rounders Ball Yr 6 Girls
 F30 Javelin Yr 8/9 Boys
 13.00 F31 High Jump (2) Yr 10/11 Boys
 F32 Shot Yr 7 Boys
 F33 Long Jump (Pit 1) Yr 5 Boys
 F34 Javelin Yr 7 Girls
 F35 Triple Jump (Pit 2) Yr 8/9 Boys
 F36 Cricket Ball Yr 6 Boys
 13.30 F37 High Jump (1) Yr 10/11 Girls
 F38 Long Jump (Pit 1) Yr 6 Girls
 F39 Cricket Ball Yr 4 Boys
 F41 Shot Yr 10/11 Boys
 F42 Discus Yr 7 Girls
 14.00 F43 Discus Yr 8/9 Girls
 F44 High Jump (2) Yr 8/9 Boys
 F45 Javelin Yr 7 Boys
 F46 Shot Yr 10/11 Girls
 F47 Long Jump (Pit 1) Yr 4 Girls
 F48 Triple Jump (Pit 2) Yr 10/11 Girls
 14.30 F49 Long Jump (Pit 1) Yr 8/9 Boys
 F50 Long Jump (Pit 2) Yr 7 Boys
 F51 High Jump (1) Yr 7 Girls
 F52 Shot Yr 8/9 Girls

FINISH